

VIRTUE OF THE MONTH: PATIENCE

Patience is the ability to wait without complaining. It looks like remaining calm when faced with something that takes a long time.

SAINT OF THE MONTH: ST. KATERI TEKAKWITHA

Saint Kateri Tekakwitha was born around 1656 in New York. Her father was a Mohawk chief of the turtle tribe and her mother was a Christian Algonquin. When she was young, she caught smallpox with the rest of her tribe. Even though she survived, unlike the rest of her family, her face and body were left with permanent scars and her eyesight was damaged.

She is called the Lily of the Mohawks and she resolved to dedicate her life to Jesus. In fact she went so far as to choose Jesus alone for her husband and would not marry another man.

Kateri died at twenty-four years old in 1680 in Montreal, Canada. Her last words were, "Jesus, Mary, I love you." Not long after her death, the scars from the smallpox were erased and her face was radiant with joy.

Saint Kateri is the first Indigenous person of North America to be canonized. Her feast day is July 14th. Saint Kateri, pray for us!

TRIVIA:

In the story about Samson in the Bible, what gave him his strength? Answer on last page!

WORDS OF WISDOM:

"Mother, look at this cross; oh! How beautiful it is! It has been my whole happiness during my life, and I advise you also to make it yours." - Saint Kateri Tekakwitha

WORD SEARCH:

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	LILY COURAGE SAMSON			KATERI PATIENCE TURTLE			SUMMER SUNSHINE FREEDOM		



ST. KATERI CARAMEL TURTLES:

Saint Kateri Tekakwitha, also known as the Lily of the Mohawks, was part of the turtle clan in the valley. Celebrate her feast day, July 14th, by making these delicious caramel turtles.

INGREDIENTS:

Wrapped soft caramels Chocolate chips Pecans (or other large nuts) Square pretzels Cream or evaporated milk Coconut oil Sea salt (optional)

DIRECTIONS:

- 1. In a bowl, heat the unwrapped caramels in the microwave. If they are too thick, try adding a splash of cream or evaporated milk. Stir until smooth.
- 2. Do the same with the chocolate chips but instead of adding a splash of cream, add a dab of coconut oil. Heat in the microwave and stir until smooth.
- 3. On a lined baking sheet, arrange the nuts (three in a turtle shape works well), and place a pretzel on top.
- 4. With a spoon, slowly pour the caramel on top of the pretzel.
- 5. Layer the chocolate on top of the caramel using a spoon.
- 6. Sprinkle sea salt to finish (optional).

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TRIVIA:

In the story about Samson in the Bible, what gave him his strength?

His hair.